

Healthy Infants and Mothers Program

Urine Collection Instructions for Mother

We would like to collect a urine sample from your baby's diaper on the day we come back for our second home visit. We will need samples from two diapers. To help us, we would like you to do the following on the day of our next visit.

1. About four to six hours before your home visit appointment, change your baby's diaper and place two diaper liners in the new diaper. If your home visit is scheduled for the morning, use the diaper liners in the first diaper you place on the baby that morning.
2. Diaper liners should be placed in the area of the diaper that gets most wet. For boys, this may be more in the front of the diaper; for girl, this may be more toward the middle of the diaper. Please do not use any baby powder or ointment. Also, be sure to wear the plastic gloves while doing this so that the diaper liner is not contaminated in any way.
3. The diaper liners may be attached using the adhesive strip on the liner.
4. Once your baby urinates and the diaper is VERY wet, place two new liners in the new diaper. Use the second pair of plastic gloves while doing this. Please wait until the diaper is VERY wet before changing the diaper.
5. The old diaper with the attached diaper liners can be placed in a plastic baggie and sealed. When the second diaper is very wet, place the second used diaper in another plastic baggie and seal the bag.
6. We will collect both diapers and the diaper liners from you during the visit.

THANK YOU!